



# OUTBACK TEAM BUILDING SOLUTIONS GUIDE



# THANKS FOR CONSIDERING OUTBACK TEAM BUILDING

Outback Team Building has over 25 years of experience executing team building, training, and coaching solutions for corporate groups throughout North America.



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# ABOUT US

At Outback Team Building, our mission is building relationships through memorable experiences.

We're passionate about helping teams—big and small—achieve their goals and address a wide range of business challenges. Whether you're looking to improve communication, foster collaboration, or celebrate success, we have over 60 unique and engaging activities designed to captivate, motivate, and entertain your group.

Since our founding, we've grown to become North America's leading provider of team building and training solutions, with thousands of events executed seamlessly across the continent. Our activities are tailored to fit individual group dynamics, ensuring your team has a fun and memorable experience every time.

We love what we do and pride ourselves on executing every event brilliantly. Our team takes care of all the details so you can sit back, relax, and know that your event is in good hands. Our clients consistently remark on the energy and passion our event coordinators bring to the table, helping create an outstanding experience for everyone involved.

At the end of the day, our goal is simple: to deliver an experience that not only entertains but also brings your team closer together.



# WHY CHOOSE US?

## WE'RE RECOMMENDED

With over 14,000 successful events under our belt and consistently high ratings from clients, we've become a trusted partner for organizations across North America. From startups to Fortune 500 companies, our clients love our passion, energy, and commitment to creating memorable team building events.

## WE'RE FLEXIBLE

No matter the size, goals, or dynamics of your team, we offer over 60 unique activities designed to fit your needs. Whether you're looking for an in-person event, a virtual experience, or a hybrid solution, we handle all the details so you can focus on what matters most: enjoying the event.

## WE'RE FAST

We understand that time is of the essence, which is why our event planning process is seamless and efficient. From initial booking to event execution, our dedicated support team works quickly to ensure your team building experience is stress-free and runs smoothly, even on short notice.





# HOW TO GET STARTED

We'd love to help you create the perfect team building experience for your group. With over 60 unique activities to choose from, we can tailor a solution that aligns with your goals, whether it's improving team dynamics, celebrating success, or simply having fun together.

Ready to take the next step? Browse our full suite of activities and programs online, then connect with one of our employee engagement consultants. We're here to provide personalized advice and guide you through the booking process to ensure your event is seamless and stress-free.

**To get started, give us a call at  
1-800-565-8735  
or email us at  
[info@outbackteambuilding.com](mailto:info@outbackteambuilding.com).**







# TEAM BUILDING

**Corporate groups and event planners use team building activities to make their business retreats, off-site meetings, company celebrations, and work outings more fun and rewarding.**

## THE BENEFITS OF TEAM BUILDING

A great team building activity doesn't just offer fun—it's an opportunity to unlock collaboration, strengthen relationships, and boost team morale in a meaningful way. At Outback Team Building, we craft experiences that go beyond the typical "trust fall." Instead, we focus on engaging and innovative activities that challenge employees to work together, communicate more effectively, and learn about each other's strengths in a relaxed, enjoyable setting.

Whether you're looking for high-energy races and scavenger hunts or brainy problem-solving challenges, our events cater to all types of teams. From critical thinking exercises to entertaining experiences, each activity is designed to foster stronger bonds and spark creativity. Plus, you have the flexibility to either let our event coordinators lead the way or take the reins yourself, ensuring the experience fits seamlessly with your team's needs and preferences. With so many options, there's something for every group to enjoy, helping your team grow closer and more cohesive with every event.

## TYPES OF TEAM BUILDING ACTIVITIES

- In-Person Team Building
- Self-Hosted Team Building
- Virtual Team Building



# WHAT IS IN-PERSON TEAM BUILDING?



In-person team building refers to activities where your entire team is together in the same place at the same time. These activities are designed to create meaningful connections, boost morale, and encourage collaboration.

From high-energy adventures to problem-solving challenges, these hands-on experiences are tailored to help teams build trust, improve communication, and grow together in dynamic environments.

## IN-PERSON TEAM BUILDING HOSTING OPTIONS

Outback Team Building offers multiple activity formats to suit different needs, preferences, and circumstances. Whether your team is in-person, hybrid, or fully remote, you'll find a solution that ensures smooth execution, maximum engagement, and flexibility. These formats help accommodate varying budgets, timelines, and event requirements, giving you full control over the experience, whether you want a professionally hosted event, a self-run activity, or something in between.

### Remote-Hosted Team Building

Remote-hosted events are facilitated by an Outback event coordinator who leads the experience from a remote location. This hybrid approach works well for teams that need an expert facilitator but prefer to gather in-person. The remote host provides structure and guidance through live video feeds, helping participants stay engaged and on track throughout the activity.

### Outback-Hosted Team Building

Outback-hosted activities provide a fully managed, in-person experience, with an expert event coordinator handling everything from setup to facilitation. This option is perfect for teams that want to focus entirely on participating, leaving logistics and event flow to the professionals. Whether it's a complex challenge or a fun-filled activity, the Outback team ensures the event runs seamlessly, creating a stress-free and impactful experience for everyone involved.





# WHAT IS VIRTUAL TEAM BUILDING?



Virtual team building activities are designed for teams that are either remote or hybrid, meaning you might all be in different places or have a core team together in-person with remote teammates participating from elsewhere. These activities help your team to stay connected and foster collaboration and camaraderie no matter where your participants are located.

Outback's virtual solutions are designed to break down geographic barriers and keep employees engaged with interactive activities led by professional hosts or self-facilitated using our app. Whether you need a quick, fun experience or a fully managed event, these activities ensure your team stays connected and motivated from anywhere in the world.

## VIRTUAL TEAM BUILDING HOSTING OPTIONS

Outback Team Building provides several virtual team building formats to help remote and hybrid teams connect, collaborate, and build stronger relationships. Each option ensures a seamless, engaging experience that caters to the specific dynamics of distributed teams, offering flexible ways to participate from anywhere. Whether you want full facilitation or prefer self-led options, Outback's virtual formats deliver fun and productive experiences designed to keep teams engaged no matter their location.

### Virtually Hosted Team Building

Virtually Hosted activities feature a dedicated event host who leads the entire experience through video conferencing platforms. This option ensures participants stay engaged from start to finish, with the host managing every aspect of the event, including team coordination, instructions, and challenges. It's perfect for teams that want a polished, hands-off experience that maximizes participation and fun.

### Hybrid Hosted Team Building

Hybrid Hosted activities combine the best of both worlds, catering to teams where some members participate in-person while others join remotely. Outback's experienced hosts facilitate these events by ensuring seamless interaction between onsite and remote participants. This format helps bridge the gap between physical and virtual spaces, promoting collaboration across distributed teams.

### Remote-Hosted Team Building

In remote-hosted activities, a virtual host leads the event for teams entirely online, ensuring smooth coordination no matter where participants are located. The focus is on delivering an interactive, team-oriented experience without requiring participants to gather in one place. This format works well for fully remote teams or hybrid teams needing a cohesive online solution.





# WHAT IS SELF-HOSTED TEAM BUILDING?

Self-hosted team building activities are ones that you run on your own, without the support of a virtual or in-person host. These activities are ideal if you're working with a more modest budget, have a little bit of time to manage the event, do well with your own team being the focal point for the activity, and feel comfortable with independent hosting options.

Our internal data shows that nearly half of our customers opt for self-hosted team building activities because they're easy, turnkey, and cost-effective while still delivering the professional and interpersonal benefits they're in search of. Many of our In-Person Team Building Activities and Virtual Team Building Activities are available in a self-hosted format.

## OUTBACK'S TEAM BUILDING ACTIVITIES

Explore our variety of in-person activities, from exciting outdoor challenges to engaging indoor experiences, all designed to bring teams together in meaningful ways. Below, you can browse all of our available activities.

### Clue Murder Mystery

Teams step into the roles of detectives, solving a thrilling murder mystery by gathering evidence and interviewing suspects. This immersive experience sharpens problem-solving and communication skills, fostering collaboration as participants race to uncover the culprit.

**Available Formats: In-Person, Virtual, Self-Hosted**

### Domino Effect Challenge

Participants design and construct elaborate chain reactions, using collaboration and creativity to align each element perfectly. This hands-on challenge builds problem-solving skills and reinforces the importance of precision and teamwork, with a spectacular finale when everything falls into place.

**Available Formats: In-Person**

### Code Break

In this fast-paced mental challenge, teams race to solve a series of puzzles and crack codes. Ideal for teams seeking intellectual stimulation, this activity promotes critical thinking, quick decision-making, and collaboration under pressure.

**Available Formats: In-Person, Virtual, Self-Hosted**







## OUTBACK'S TEAM BUILDING ACTIVITIES CONTINUED....

### Do-Good Games

Teams engage in friendly competition while completing challenges designed to benefit the community, from assembling care packages to creating meaningful donations. This activity blends teamwork with social impact, making it a rewarding way to build connections and give back.

**Available Formats: In-Person,  
Virtual, Self-Hosted**

### Wild Goose Chase

This interactive scavenger hunt sends teams on a mission to complete fun and creative challenges in their surroundings. It encourages participants to explore, bond, and engage in friendly competition, making it perfect for outdoor team building.

**Available Formats: In-Person, Self-Hosted**

### The Olympiad Challenge

Teams compete in Olympic-style events, testing their physical abilities, teamwork, and competitive spirit. With a variety of challenges tailored to different skills, this activity energizes teams and builds camaraderie through friendly competition.

**Available Formats: In-Person**

### Bridge Builders

Participants collaborate to design and build functional bridges, emphasizing creative problem-solving, teamwork, and communication. This activity symbolizes how small contributions can come together to create something impactful.

**Available Formats: In-Person**

### Cardboard Boat Building Challenge

Teams use only cardboard and tape to design and race their own boats, fostering creativity, teamwork, and resourcefulness. This activity culminates in a thrilling race, where teams test the strength of their boats on the water.

**Available Formats: In-Person**

### CI: The Crime Investigators

Participants become crime investigators, solving a complex case by piecing together clues and analyzing evidence. This immersive experience promotes teamwork, critical thinking, and strategic problem-solving.

**Available Formats: In-Person**



## OUTBACK'S TEAM BUILDING ACTIVITIES CONTINUED....

### Random Acts of Kindness

Teams complete kindness-focused challenges that spread positivity and make a meaningful impact in the community. This activity builds empathy, teamwork, and collaboration through small but powerful actions.

**Available Formats: In-Person, Self-Hosted**

### Hollywood Murder Mystery

Set in the glamorous world of Hollywood, teams must solve the mystery of a star's untimely demise. Through problem-solving and collaboration, participants work together to uncover the truth in this immersive, story-driven experience.

**Available Formats: In-Person, Virtual, Self-Hosted**

### Corporate Escape Rooms

Teams solve intricate puzzles and complete tasks to escape before time runs out. This activity promotes teamwork, communication, and creative thinking in a high-pressure environment.

**Available Formats: In-Person**

### The Amazing Chase

This city-wide adventure challenges teams to complete tasks and checkpoints as they race through urban areas. It's ideal for building camaraderie, promoting teamwork, and exploring new locations.

**Available Formats: In-Person**

### Charity Bike Buildathon

Teams work together to assemble bicycles, which are then donated to children in need. This hands-on activity encourages teamwork while providing participants with the rewarding experience of giving back to the community.

**Available Formats: In-Person**

### Corporate Castaways

Inspired by survival reality TV, this activity has participants competing in mental and physical challenges to "survive" as a team. It fosters leadership, communication, and collaboration in a fun, adventurous setting.

**Available Formats: In-Person**







## OUTBACK'S TEAM BUILDING ACTIVITIES CONTINUED....

### Friendly Feud

Based on the popular game show, this activity pits teams against each other as they answer fun survey questions. It fosters friendly competition and teamwork while providing light-hearted entertainment.

**Available Formats:** In-Person, Virtual

### Game Show Extravaganza

This interactive game show challenges teams to compete in trivia and entertaining tasks across a variety of categories. Perfect for breaking the ice and energizing participants, it promotes friendly competition, teamwork, and group interaction.

**Available Formats:** In-Person, Virtual, Self-Hosted

### Campus Goose Chase

Designed for university or school campuses, this scavenger hunt encourages exploration and teamwork as participants complete fun challenges across campus. It's great for boosting camaraderie in educational settings.

**Available Formats:** In-Person, Self-Hosted

### Jeopardy Social

This trivia competition, inspired by the popular game show, has teams answering questions across various topics to earn points. It's an exciting way to engage employees, encourage knowledge sharing, and promote teamwork.

**Available Formats:** In-Person, Virtual

### Military Support Mission

Teams complete challenges to earn items for care packages sent to military personnel, blending fun with philanthropy. This activity builds teamwork while giving participants the opportunity to support a meaningful cause.

**Available Formats:** In-Person

### Trivia Time Machine

Teams embark on a journey through decades of trivia, answering questions from different eras. This nostalgic game promotes teamwork and sparks lively discussions as participants reflect on pop culture and history.

**Available Formats:** In-Person, Virtual





# OUTBACK'S TEAM BUILDING ACTIVITIES CONTINUED....

## Minute to Win It

Inspired by the TV show, this fast-paced activity challenges teams to complete quick tasks within 60 seconds. It's a lively and engaging way to foster collaboration, improve coordination, and inject energy into the workplace.

**Available Formats: In-Person**

## Picnic Party Games

This collection of classic outdoor games, like sack races and tug-of-war, creates a fun and relaxing environment where teams can bond and enjoy friendly competition. It's ideal for company picnics or outdoor events.

**Available Formats: In-Person**

## City Chase: Scavenger Hunt

Teams race through city streets, completing checkpoints and challenges in this competitive scavenger hunt. It's perfect for team bonding and exploring urban environments in a fun and interactive way.

**Available Formats: In-Person, Self-Hosted**

## School Supply Scramble

Teams work together to gather school supplies, which are donated to students in need. This charitable activity builds teamwork while giving participants the chance to make a positive impact.

**Available Formats: In-Person**

## Team Pursuit

Participants tackle a variety of mental, physical, and creative challenges, earning points as they progress. This activity engages every team member, highlighting individual strengths and promoting collaboration.

**Available Formats: In-Person, Virtual, Self-Hosted**

## Wheelchairs for Charity

Teams assemble and donate wheelchairs to individuals in need, blending teamwork with social responsibility. This meaningful activity fosters collaboration while making a tangible difference in the community.

**Available Formats: In-Person**



## OUTBACK'S TEAM BUILDING ACTIVITIES CONTINUED....

### Escape Room: Mummy's Curse

Teams step into an ancient Egyptian tomb and race to break the curse of the mummy. Through a series of puzzles and riddles, participants collaborate to unlock hidden secrets and escape before time runs out. This immersive activity promotes critical thinking and teamwork under pressure.

**Available Formats:** In-Person, Virtual, Self-Hosted

### Escape Room: Jewel Heist

Teams race through city streets, completing checkpoints and challenges in this competitive scavenger hunt. It's perfect for team bonding and exploring urban environments in a fun and interactive way.

**Available Formats:** In-Person, Self-Hosted

### Virtual Happy Hour Trivia

This relaxed trivia game offers a refreshing way for teams to unwind after work. With fun, themed questions ranging from pop culture to history, participants engage in light competition while fostering conversation and camaraderie. The event encourages interaction and laughter, making it an ideal activity to build connections outside of formal work hours. It's a perfect way to boost morale and spark friendly rivalries, ensuring your team stays engaged and energized.

**Available Formats:** Virtual

### Escape Room: The Haunting of Spencer Manor

In this haunted escape room, participants must uncover Spencer Manor's dark secrets. Teams solve intricate puzzles, piecing together clues to escape the eerie mansion before it's too late. It's a thrilling way to boost problem-solving and communication skills while having fun.

**Available Formats:** Virtual

### Virtual Jeopardy Social: Women's Edition

Celebrate women's achievements with this special edition of Jeopardy Social. Participants answer trivia questions that highlight the contributions of women throughout history, promoting inclusivity and fostering meaningful discussions. **Available Formats:** Virtual







## OUTBACK'S TEAM BUILDING ACTIVITIES CONTINUED....

### Virtual Beach Staycation

Bring the beach vibes to your remote team with this tropical-themed event. Participants engage in light-hearted activities that promote relaxation and connection, from virtual beach trivia to creative icebreakers. This fun and casual experience provides a refreshing way to unwind, recharge, and build meaningful connections with colleagues.

**Available Formats: Virtual**

### Virtual Office Olympics

Get your team moving with fun, virtual Olympic-style events. Teams compete in light physical challenges and brainteasers that encourage collaboration, healthy competition, and laughter. It's a great way to boost energy and promote teamwork, even from afar.

**Available Formats: Virtual**

### Virtual European Adventure

Take your team on a virtual tour through Europe, completing challenges inspired by the history, culture, and landmarks of different countries. Teams answer trivia questions, solve puzzles, and collaborate to explore iconic locations. This activity encourages teamwork and cultural appreciation, providing a unique way to bond remotely while broadening horizons.

**Available Formats: Virtual**

### Virtual Jeopardy Wars

This trivia game takes a creative spin with a sci-fi theme, pitting teams against one another in fast-paced question rounds. Participants answer challenging questions across unique categories, promoting quick thinking and teamwork. With its engaging competitive format and futuristic edge, Jeopardy Wars is ideal for teams that love intellectual challenges but want something beyond the typical trivia experience. It provides both excitement and opportunities to strengthen collaboration.

**Available Formats: Virtual**

### Virtual Scream Pursuit

Virtual Scream Pursuit transforms your workspace into a spooky adventure as teams race to complete eerie challenges and riddles. This activity promotes creativity and problem-solving while engaging participants in friendly competition. It's the perfect way to mix thrills and teamwork, and it's ideal for Halloween celebrations.

**Available Formats: Virtual, Self-Hosted**





## OUTBACK'S TEAM BUILDING ACTIVITIES CONTINUED....

### Virtual Social Shuffle

This laid-back event features a series of social games and mini-activities designed to help team members connect in a relaxed setting. Participants move through different interactive challenges that spark conversations, build camaraderie, and create meaningful engagement. It's ideal for teams looking for a light-hearted activity that fosters connections and strengthens relationships in a fun, low-pressure environment.

**Available Formats: Virtual**

### Virtual Halloween Time Machine

Take your team on a journey through the evolution of Halloween with this interactive trivia challenge. From spooky folklore to modern-day traditions, teams work together to answer questions and solve themed puzzles from different eras. This activity encourages collaboration, sparks nostalgia, and injects fun into remote gatherings. Perfect for adding festive energy to your Halloween season.

**Available Formats: Virtual**

### Virtual Trivia Championship

This high-energy trivia event pits teams against each other in a battle of knowledge across a variety of categories. Designed for competitive spirits, participants tackle questions on pop culture, history, sports, and more, earning points for every correct answer. The championship format adds intensity as teams vie for the title of ultimate trivia champions, promoting teamwork and friendly competition.

**Available Formats: Virtual**

### Virtual Halloween Howler

This Halloween-themed extravaganza blends trivia, scavenger hunts, and puzzles into a thrilling virtual experience. Teams compete across creepy challenges designed to boost engagement and build teamwork. Whether dressing up for bonus points or tackling horror-themed questions, this activity is an exciting way to celebrate remotely while enhancing communication and team spirit.

**Available Formats: Virtual**



## OUTBACK'S TEAM BUILDING ACTIVITIES CONTINUED....

### Virtual Oktoberfest Trivia

Celebrate Oktoberfest with themed trivia covering beer history, cultural traditions, and fun facts. This lively event offers the chance for teams to connect, learn, and compete in a fun, engaging environment. Bonus points can be awarded for festive attire, and friendly rivalry is encouraged, making this a great virtual bonding opportunity.

**Available Formats: Virtual**

### Virtual Yuletide Showdown

Celebrate the holiday season with this festive showdown, where teams compete in a variety of holiday-themed challenges. Participants engage in trivia, puzzles, and brainteasers, all with a cheerful holiday twist. This activity is perfect for spreading holiday spirit while keeping remote teams connected, encouraging fun and collaboration in a joyful atmosphere.

**Available Formats: Virtual**

### Holiday Feud

A holiday twist on the classic Family Feud game show, this activity brings teams together for some festive competition. Teams guess the most popular survey responses to holiday-themed questions, promoting teamwork, communication, and friendly rivalry. It's a fun and interactive way to keep the holiday spirit alive while building connections with colleagues.

**Available Formats: Virtual, Self-Hosted**

### Virtual Jeopardy Social: Scary Edition

A spooky twist on the traditional Jeopardy Social, this edition features eerie categories and Halloween-themed questions. Teams collaborate to answer correctly, earning points and competing for the top spot. With built-in social mixers, this is the perfect activity to engage remote teams during the Halloween season.

**Available Formats: Virtual**

### Virtual St. Patrick's Day Happy Hour

Bring your team together for some St. Patrick's Day fun with this themed happy hour event. Teams participate in trivia and festive challenges that embrace the spirit of the Irish holiday. Whether it's testing knowledge about St. Patrick's Day traditions or engaging in light-hearted competitions, this event fosters team bonding and holiday cheer.

**Available Formats: Virtual**





## OUTBACK'S TEAM BUILDING ACTIVITIES CONTINUED....

### Elf's Virtual Merry Mingler

This social mixer is full of holiday cheer, with interactive games and challenges designed to bring festive joy to remote teams. Participants engage in holiday-themed activities that encourage bonding, laughter, and connection. Perfect for teams looking to celebrate the season together, this event spreads the joy of the holidays in a fun and collaborative way.

**Available Formats: Virtual**

### Frost's Virtual Holiday Trivia

Get into the holiday spirit with this festive trivia event that tests your team's knowledge of holiday traditions, movies, songs, and more. Teams work together to answer themed questions, promoting collaboration and sparking friendly competition. It's a great way to celebrate the season while keeping remote teams engaged and connected.

**Available Formats: Virtual**



### Virtual Winter Jeopardy Social

This winter-themed Jeopardy-style trivia event is the perfect way to bring remote teams together for some seasonal fun. Teams compete across themed rounds, answering questions that test their knowledge of winter traditions, holidays, and more. With social mixers built in, it encourages interaction and fosters a sense of connection while embracing the spirit of the season.

**Available Formats: Virtual**

### Virtual Holiday Time Machine

Take a trip through time with this nostalgic holiday-themed trivia event. Teams answer questions about holiday traditions, events, and pop culture from different decades, sparking fond memories and festive conversations. This activity brings teams together through shared experiences, celebrating the history of the holidays while promoting collaboration and fun.

**Available Formats: Virtual**

### Virtual Holiday Hijinks

This light-hearted and energetic holiday event features a series of fun challenges that bring out the festive spirit in every participant. Teams work together to complete holiday-themed puzzles, solve riddles, and compete in creative activities, making it the perfect way to spread holiday cheer. With its focus on teamwork and seasonal joy, this event helps remote teams stay connected during the holiday season.

**Available Formats: Virtual**





# TEAM BUILDING TESTIMONIALS



**EQUIFAX**

"I had very little time before/during the event, and Outback Team Building helped me through the entire process without much time. Our sales rep was awesome to work with."

**Equifax (Team Pursuit Express) 10/10**



"We have had a great experience with all of my contacts at Outback from booking to execution. Our event facilitator was wonderful, and all who attended raved about how fun the event was."

**Microsoft (Clue Murder Mystery) 10/10**



"The teambuilding event was a huge success. Everyone really enjoyed themselves and had an amazing time! Everyone that I talked to loved it. The format, the games, and the energy were fantastic. You did a great job, so we'll definitely be getting in touch for our next event."

**Sanofi (Corporate Castaways) 10/10**



**SHOPPERS  
DRUG MART**

"It was amazing!! So much fun. More than anything, my team really enjoyed the interactions, the tasks at hand, and a chance for them to bond in a very carefree, fun atmosphere. The downloads worked instantly, with no issues at all. I am very pleased. Great value for the experience. I look forward to doing this again next year."

**Shoppers Drug Mart (Team Pursuit) 10/10**



# PROFESSIONAL DEVELOPMENT

**Developing skills doesn't stop at the office door. Outback Team Building offers customized training, development, and leadership programs designed to enhance teamwork, communication, and leadership skills. These solutions go beyond theory by delivering practical, hands-on learning experiences that drive measurable improvements for individuals and teams.**

## THE BENEFITS OF PROFESSIONAL DEVELOPMENT

Empower your team with professional development programs designed to boost skills, enhance efficiency, and drive meaningful results. Outback's solutions cover a range of topics and can be tailored to fit your preferred delivery format, ensuring flexibility and relevance. Led by seasoned professionals, including consultants, entrepreneurs, and certified psychological coaches, these programs go beyond theory with practical insights that unlock your team's potential and strengthen your organization's performance.





# TYPES OF PROFESSIONAL DEVELOPMENT PROGRAMS



## Group Leadership

Elevate your team with leadership training programs designed to inspire growth and collaboration. Choose the format that suits your team best—whether hands-on classroom sessions or interactive virtual workshops—each crafted to build essential skills and boost performance.



## Individual Leadership

Advance your professional skills with personalized "Leading Yourself" programs. Choose from engaging topics and formats, including hands-on classroom sessions or immersive virtual workshops, designed to help you develop critical leadership abilities and unlock your full potential.



## Interpersonal Skills Training

Sharpen workplace communication with tailored interpersonal skills training. Choose the ideal format for your team—whether through interactive virtual workshops or engaging in-person sessions—designed to foster collaboration, empathy, and effective teamwork.



## Behavioral Assessment Programs

Enhance performance with behavioral assessment programs designed to help employees identify their strengths and ideal work environments. Choose from flexible delivery formats—whether engaging in-person sessions or interactive virtual workshops—tailored to meet the needs of your team.



# PROFESSIONAL DEVELOPMENT PROGRAMS

Discover our professional development programs that help teams build leadership, interpersonal, and behavioral skills through engaging workshops and practical development sessions, available in virtual and in-person formats.

## Clear Communication

This program empowers teams to convey ideas effectively and listen actively. Participants learn practical tools to enhance clarity, reduce misunderstandings, and foster productive dialogue. Whether in meetings or day-to-day interactions, the focus is on building trust through open communication.

**Category: Interpersonal Skills Training**

## Developing Our Resiliency

Resilience is critical in today's fast-paced work environment. This program teaches participants how to build mental toughness, manage stress, and bounce back from challenges. Through practical techniques, teams develop the ability to thrive under pressure.

**Category: Individual Leadership**

## Unconscious Bias | Diversity, Equity, and Inclusion

Promote a culture of inclusion with training focused on uncovering unconscious biases. Participants learn how to recognize, understand, and reduce biases, fostering equity and respectful collaboration. This program helps build more inclusive and innovative workplaces.

**Category: Interpersonal Skills Training**

## Positive Team Dynamics

Teams with strong dynamics perform better. This program offers strategies to build trust, foster collaboration, and improve group interactions. It encourages open communication, problem-solving, and conflict resolution for a cohesive, high-performing team.

**Category: Interpersonal Skills Training**

## Emotional Intelligence

This program helps participants enhance their emotional awareness and management skills. Teams learn how to recognize and regulate emotions, improving interpersonal relationships and fostering empathy. Emotional intelligence promotes better leadership and collaboration.

**Category: Interpersonal Skills Training**







# PROFESSIONAL DEVELOPMENT PROGRAMS, CONTINUED

## Discovering Workstyles with DiSC

Explore different workstyles through the DiSC framework. This program helps individuals understand their own styles and adapt to others, fostering effective communication and teamwork across personality types.

**Category: Behavioral Assessment Programs**

## Conflict Resolution

Equip your team with tools to manage and resolve conflicts effectively. This program focuses on active listening, empathy, and collaborative problem-solving, turning potential disputes into growth opportunities.

**Category: Interpersonal Skills Training**

## Building Strategic Teams with StrengthsFinder

Leverage individual strengths with this StrengthsFinder-based program. Participants discover their top strengths and learn how to apply them strategically, fostering high performance and strong team collaboration.

**Category: Behavioral Assessment Programs**

## Situational Leadership Styles

This program teaches leaders how to adapt their style based on team needs and situations. Participants gain insights into balancing direction and support, enhancing leadership effectiveness in dynamic environments.

**Category: Group Leadership**

## Self-Discovery with Myers-Briggs

Explore individual personality traits using the Myers-Briggs framework. This program helps participants understand how their preferences shape their work behavior, improving teamwork and self-awareness.

**Category: Behavioral Assessment Programs**





# PROFESSIONAL DEVELOPMENT PROGRAMS, CONTINUED

## **Coaching Fundamentals**

Develop essential coaching skills to support team growth and development. This program focuses on active listening, powerful questioning, and effective feedback techniques to nurture talent within your organization.

**Category: Group Leadership**

## **Advanced Coaching**

Take coaching skills to the next level with this advanced program. Participants learn how to handle complex coaching scenarios and foster high performance through deeper engagement and accountability.

**Category: Group Leadership**

## **Practical Time Management**

Boost productivity with practical strategies for effective time management. This program teaches prioritization, goal-setting, and techniques for managing distractions, helping participants maximize their efficiency.

**Category: Leading Yourself**

## **The Power of Negotiation**

Master negotiation techniques that drive win-win outcomes. Participants learn how to prepare effectively, identify interests, and use persuasive communication to achieve their goals.

**Category: Interpersonal Skills Training**

## **Impactful Presentation Skills**

Build confidence in public speaking with this presentation skills program. Participants learn how to structure their message, engage audiences, and deliver with impact, whether in meetings or larger presentations.

**Category: Interpersonal Skills Training**

## **Effective Meetings**

Transform meetings into productive sessions with practical strategies. This program teaches participants how to set clear objectives, foster collaboration, and manage time effectively during meetings.

**Category: Group Leadership**

## **Confident Decision Making**

Develop the confidence to make sound decisions under pressure. This program offers tools and frameworks for evaluating options, managing uncertainty, and making informed choices.

**Category: Individual Leadership**

## **Active Employee Engagement**

Foster a culture of engagement with this program designed to boost employee motivation and satisfaction. Participants learn strategies to create meaningful connections and promote long-term commitment.

**Category: Group Leadership**



# PROFESSIONAL DEVELOPMENT PROGRAMS, CONTINUED

## **Performance Management Fundamentals**

Master the essentials of performance management with this program. Participants learn how to set expectations, provide feedback, and align individual goals with organizational objectives.

**Category: Group Leadership**

## **Productive Feedback and Performance Reviews**

Learn how to deliver constructive feedback and conduct performance reviews that drive improvement. This program focuses on fostering open dialogue and promoting accountability within teams.

**Category: Group Leadership**

## **Accelerated Selling**

Develop essential sales skills with this high-impact program. Participants learn strategies for building rapport, identifying customer needs, and closing deals more effectively.

**Category: Individual Leadership**

## **8 Productive Practices of Peak-Performing People**

Adopt the habits of high achievers with this program. Participants explore eight key practices that drive productivity and success, developing the mindset and behaviors of peak performers.

**Category: Individual Leadership**

## **Authentic Leadership**

Learn how to lead with authenticity and build trust within your team. This program focuses on self-awareness, emotional intelligence, and transparent communication to foster strong leadership.

**Category: Group Leadership**

## **Creating Mission, Vision, and Values**

Align your organization's purpose with this strategic program. Participants learn how to define and communicate mission, vision, and values, fostering a cohesive culture that drives success.

**Category: Group Leadership**

## **Custom Training**

Tailor a training program to meet your team's unique needs. Whether focusing on leadership, communication, or performance, this program offers personalized solutions to achieve your goals.

**Category: Custom Training**



# PROFESSIONAL DEVELOPMENT TESTIMONIALS

"You were the most inspirational and well-informed presenter I have ever worked with in my entire 30-year career in HR, People & Culture. Thank you!"

**Greenfield Global (Custom Training) 10/10**

"This course was not at all what I expected. It exceeded my expectations on every level. This is not your typical course, and I wish my entire team had come out. I am excited about the changes I will be making that will help us moving forward. I can't wait until you come back and do more."

**City of Charlotte (Clear Communication) 10/10**

"The entire session was helpful in addressing the exact issues our group is struggling with. The facilitator was engaging, passionate, and knowledgeable. I loved this course!"

**Penske (Emotional Intelligence) 10/10**

"Very engaging, lively, fun, relaxing, and challenging all at the same time. This definitely did not feel like your traditional learning and development session. Thank you!"

**McAfee (Positive Team Dynamics) 9/10**







# FREQUENTLY ASKED QUESTIONS

## WHAT DO YOU DO?

We are a leading provider of team building and professional development programs across North America.

## WHERE IS YOUR TEAM LOCATED?

While our head office is in North Vancouver, Canada, our event coordinators are based in cities across North America. Chances are, no matter where you're located, we have someone nearby!

## WHAT TYPE OF PROFESSIONAL EXPERIENCE DOES YOUR TEAM HAVE?

Our event coordinators and facilitators have years of experience and professional expertise. We regularly get "10/10" feedback from organizations like Microsoft, Coca-Cola, Facebook, Pfizer, and Samsung.

## WHAT TYPE OF PROFESSIONAL EXPERIENCE DOES YOUR TEAM HAVE?

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## HOW QUICKLY CAN YOU TURN AROUND AN EVENT?

Things come up at the last minute sometimes, don't worry! We offer a range of flexible options for groups who are in a pinch and need something fast. The sooner you [reach out for a free consultation](#), the sooner we can get you set up.

## WHY SHOULD I SIGN UP FOR A FREE CONSULTATION?

A free consultation is your chance to get more details about the activities and programs we offer.

You can tell us about your needs and more about what exactly you're looking for. Our team will then be able to give you expert advice as to which event is the best fit for your group, and answer any other questions you have. Oh, and did we mention that it's free?

**[Sign up here](#) to get your free consultation.**



# FREQUENTLY ASKED QUESTIONS, CONTINUED

## WHERE DO YOUR EVENTS TAKE PLACE?

Our team runs events all across the United States, Canada, and beyond. You can request for an event coordinator to come meet your group at the location of your choice or choose a self-guided, [budget-friendly activity](#) that you can easily run yourself.

## WHAT TYPE OF VENUES DO YOUR EVENTS TAKE PLACE AT?

No matter where you are, our team will come to you. We regularly run events in hotels, conference spaces, and office boardrooms. If you pick an outdoor event, our team can set up in a public space, like a nearby park or beach.

## CAN YOU PROVIDE TRAVEL TO AND FROM THE EVENT?

Our team does not provide any travel services. However, we can come to your location and run your event on-site.

## DO YOU OFFER A COMMISSIONABLE RATE OR NET RATES?

If you are a hotel or DMC looking to recommend our services to your clients, you may qualify for commissionable or net rates. [Request a free consultation](#) or ask your account manager for more details.

## WHAT SIZE GROUPS ARE YOUR TEAM BUILDING ACTIVITIES FOR?

Any group size. Seriously – we’ve helped run team building activities for groups that had less than five people and for large conferences of 2,000+ people.

## HOW MUCH DOES A TEAM BUILDING ACTIVITY COST?

Pricing can vary depending on the type of activity you choose, the location, group size, and the customization you request.

## HOW LONG DO YOUR TEAM BUILDING ACTIVITIES LAST?

Most team building activities last between two and three hours. You can also try an “Express” activity if you have less than an hour or ask for an activity to be customized to last longer.

## CAN YOU HELP ME CHOOSE A TEAM BUILDING ACTIVITY?

Of course! [Request a free consultation](#), and one of our account managers will give you a call to discuss some options based on your group size, dynamics, goals, and budget.



# FREQUENTLY ASKED QUESTIONS, CONTINUED

## CAN WE ADD CUSTOM ELEMENTS TO A TEAM BUILDING ACTIVITY?

You can add personal touches to your team building activity, including custom challenges, themes, or storylines. Just let us know what you're looking for, and we'll do our best to make it happen!

## IS THERE A WINNING TEAM?

Some activities, such as [The Amazing Chase](#), finish off with a winning team. A little bit of competition usually makes the activity more exciting, and your event coordinator will be sure to recognize excellence on all the teams. Other activities, such as [EscapeRoom: Jewel Heist](#), are purely collaborative.

## DO YOU HAVE PRIZES FOR WINNING TEAMS?

In activities like [The Amazing Chase](#), the winning team will be awarded custom medals and, more importantly – bragging rights! If you'd like to, you can also supply and award additional prizes for winning teams.

## HOW ARE SMARTPHONES USED DURING YOUR TEAM BUILDING ACTIVITIES?

Certain activities, such as [Wild Goose Chase](#) and [Team Pursuit](#), have challenges that can be completed using the Outback smartphone app. Teams will be able to use the app to take photos and videos and enter text answers to earn points in the activity.

## HOW DO YOU CHOOSE THE CHARITIES FOR YOUR PHILANTHROPIC EVENTS?

Our team works with a variety of local charities and nonprofits, depending on your location and the type of activity you choose. If your organization has a preferred charity, we can also do our best to partner with the cause of your choice.

## WHAT TYPES OF RESULTS SHOULD I EXPECT FROM TEAM BUILDING?

This is what you want to hear: one single team building activity can fix all your problems – your revenues will increase, your employee engagement levels will rise, and your staff productivity will go way up...

...If only it were that easy! The truth is that a team building activity can help boost employee morale, but there are no guaranteed results. What team building can do is provide a fun way for employees to get to know each other better, develop deeper bonds, and practice their teamwork.



# FREQUENTLY ASKED QUESTIONS, CONTINUED

## DO YOU OFFER ANY FREE TEAM BUILDING ACTIVITIES?

We offer team building activities for all types of budgets.

If you don't have a team building budget, there are still options. The [free team building game Gotcha](#), for example, only requires a pen, some paper, and your creativity!

## DO YOU RUN EVENTS FOR NON-CORPORATE CUSTOMERS?

You don't have to be a corporate group to try one of our activities or events. We work with all types of groups – students, friends, sports teams, and more!

## WHAT HAPPENS IF WE BOOK AN OUTDOOR EVENT AND THE WEATHER IS POOR?

Don't worry – your team can still participate in the activity, rain or shine!

## WHAT TYPE OF VENUE WOULD YOU SUGGEST FOR INDOOR ACTIVITIES?

For indoor activities, you just need a big open space that everyone will be able to move around in. Think meeting rooms, office spaces, conference halls, gymnasiums, or hotel boardrooms.

## WHAT DISCOUNTS DO YOU OFFER FOR NON-PROFIT ORGANIZATIONS OR CHARITIES?

You may qualify for a discount if you're using the team building activity for a charitable cause. [Request a free consultation](#) or ask your account manager for more details.

## DO YOUR EVENTS COME WITH FOOD?

We don't currently offer catering, but we can recommend some great local companies to work with.

## CAN YOU HELP ME CHOOSE A PROFESSIONAL DEVELOPMENT PROGRAM?

Of course! [Request a free consultation](#), and one of our account managers will give you a call to discuss some options based on your group size, dynamics, goals, and budget.





# FREQUENTLY ASKED QUESTIONS, CONTINUED

## WHAT SIZE GROUPS ARE YOUR PROFESSIONAL DEVELOPMENT PROGRAMS FOR?

Typically, our facilitators work with groups of between three and 30 people. Certain professional development programs can accommodate larger groups. [Request a free consultation](#) or ask your account manager for more details.

## HOW MUCH DOES A PROFESSIONAL DEVELOPMENT PROGRAM COST?

Pricing can vary depending on the type of program you choose, the location, the group size, and the customization you request.

## HOW LONG DO YOUR PROFESSIONAL DEVELOPMENT PROGRAMS TAKE?

Most professional development programs take between four and eight hours to complete. Team coaching and consulting programs are more in-depth and typically last between one and five days.

## DO YOU OFFER CUSTOM PROFESSIONAL DEVELOPMENT PROGRAMS?

Absolutely – speak with your account manager about what you're looking to achieve, and one of our facilitators will work with you to create a custom program for your group.

## WHAT TYPES OF RESULTS SHOULD I EXPECT?

Every professional development program has a specific objective that you will work with your facilitator to achieve. Speak with your account manager to ensure the program you choose aligns with the goals you have for that session.

## HOW DO I SIGN UP FOR ONE OF YOUR CLASSES AS AN INDIVIDUAL?

The professional development programs are meant for groups to participate together, but individuals can sign up for a private coaching consultation.



**Outback**  
TEAM BUILDING

## GET IN TOUCH

*Our dedicated team of Employee Engagement Consultants is available to speak with you from Monday to Friday, 9:00 a.m. until 5:00 p.m. your time, no matter what timezone you're located in.*

Ready to take your team's performance to the next level? Whether you're looking for professional development, team-building solutions, or customized programs, we're here to help. Our team will work with you to design experiences that meet your unique goals.

Let's build something great together—reach out today and discover how we can transform your team!

**Get in touch with us and expect a speedy response.**



**1-800-568-8735**



**[info@outbackteambuilding.com](mailto:info@outbackteambuilding.com)**



**[www.outbackteambuilding.com](http://www.outbackteambuilding.com)**

**GET STARTED**

